

## What to expect when you visit our clinic during the COVID-19 pandemic...



We will ask you to confirm that you have not had symptoms of COVID-19 in the previous 24 hours or have not been in contact with someone who has the virus or similar symptoms in the past 14 days



On arrival, please remain in your car. You will be collected and brought into clinic. Reception will not be staffed to reduce numbers of people in the clinic



We will ask you to sanitise your hands on entering and we will take your temperature. We will ask you a short series of screening questions before gaining your consent to a face to face appointment



If your temperature is normal we will take you straight into a treatment room. The seating will be arranged to maintain social distancing



Please bring your own mask or face covering



There will be no pillows or cloth treatment table covers. Single use couch roll will be used. Please bring a towel and pillow to increase your comfort. Please wash it when you get home



We will be wearing a mask throughout your time in the clinic. We will also wear single use apron and gloves



At the end of your session we will ask you to wash or sanitise your hands. The room will then be disinfected as will any touched surfaces before next appointment



Only contactless card payments or Bank transfer can be accepted as payment

Appointments will be staggered to minimise potential contact

Please arrive in good time though you will not be seen early as we will be sticking strictly to times with **NO EXCEPTIONS.**

**If you arrive late we will have to reduce appointment time**

Thank you for your co-operation

Any questions please contact 01473622698 [info@sportsmedeast.co.uk](mailto:info@sportsmedeast.co.uk)